



G & S GAZETTE

December 2007

Happy holidays everyone. We weren't sure whether we would have time to do a newsletter this year but we thought we should persevere as it is Kayla's first Christmas and the newsletter is a tradition for us.

As you all know, our big news of the year was the birth of Kayla on September 2. She is a really good baby, easy-going and smiley. Don't get us wrong, there have been some frustrating crying moments for both baby

and mommy but it has been ultimately joyful having Kayla. By the time you receive this newsletter, Kayla will be 3.5 months old. She has grown a lot weighing approximately 15 pounds, 26 inches in length, and she is in the 90+ percentile for height, weight and head size. She smiles

and babbles a lot, and enjoys looking in the mirror and laughing with mommy. She also has the giggles as soon as she sees her daddy in the evening. It's quite hilarious and makes our hearts melt. Kayla sleeps quite well during the night. She can usually last for 7-8 hours between feeds at night (Susan finds the extra sleep absolutely wonderful). During the week, Susan and Kayla keep busy with trips to the mall, weekly outings to mommy and baby

meetings at the community centre where there are guest speakers, and a mommy-baby hiking group. Due to the weather the hikes are currently glorified walks but Susan's enjoying the outdoors rain or shine. Glen has been really busy at work the past couple of months and has been racking up the overtime. Glen loves coming home in the evenings to see Kayla's smiling face and bathing her so that he has his daddy-daughter time.



The Scott family wishes you a merry Christmas and all the best for the New Year.

In last year's newsletter, we said we identified a number of possibilities for the 2007 year. When Susan's cousin Doris from New York came in February, we did stay at the Hilton Whistler for a weekend of skiing, admittedly since we knew Susan was pregnant at that time, it was only Glen who skied while Susan,

Shirley and Doris visited and walked around Whistler village. Glen did finish his Westjet assignment in Calgary by mid-January, which was great since it was 2 months earlier than expected. It was nice to have him home again. We also expected Susan to be travelling through the province for her work visiting home shows, and that certainly came true since through the months of March to May, Susan travelled to a number of home shows across

B.C. She was also busy tying loose ends with her manager, as her manager was going on maternity leave, and helping to train the new acting manager. We had identified the possibility of doing some

skiing at Sun Peaks once Glen's parents were back from their snow-birding down south, but again with Susan being pregnant we decided against it since she would have to skip the skiing. We talked about the possibility of taking a cruise, also which we didn't do, but read on in this newsletter for what we're looking forward to doing in

2008. Finally we also identified as a potential holiday some biking in the Maritimes come fall, but due to the expected birth of Kayla, we were happy to push that plan out the door. From this perspective, it sounds like we didn't do much other than have

Kayla, so what did we do? In February, we spent time painting the downstairs of our house, changing it from the rather boring white it was, to having a green guest room and a red staircase—it sounds shocking, but certainly makes things more vibrant. In March, Glen's long-time friend, Nikita, started renting one of our basement rooms.

She is working as a paramedic in the Lower Mainland 4 days on and 4 days off. She stays with us when she is working here and returns to her home in

Nanaimo on her days off. The arrangement has been working well and it's nice to have some company around the home.



Susan with her sister, Shirley, and her cousin, Doris.

The May long weekend we went to Shuswap Lake. This was the first time of the year that we opened our cabin. We did not go to Shuswap as many times this year due to the pregnancy. Susan's back was bothering her and she didn't enjoy the long drives. We made it to the lake about three times during the summer. It was very enjoyable when we were there. Glen's brother's family

also came to Shuswap Lake during the May long weekend. We went boating to Little Shuswap, which is something we rarely do since it is very precarious getting through the channel that joins the main part of Shuswap Lake to Little Shuswap. We thought it would be a

good idea to go to Little Shuswap as there are markers in the water which Susan and nephew, Zachary, wanted to see and learn since they were both writing the boating exam the following week. The good news is that both Susan and Zachary passed the boating exam, but unfortunately we chipped our prop going through the channel due to shallow water in



Glen's Uncle Earl and Aunt Raquel who were visiting from Chile had dinner at our cabin along with Glen's parents.

some parts of the channel. Our niece, Rebecca and Glen's brother, Jim, also wrote the boating exam in October and they passed. Now we have a bunch of

licensed drivers for the boat. In late May, Glen's Uncle Earl and Aunt Raquel from Chile came for a visit. They stayed for one night before heading along with Glen's parents to Shuswap Lake.

In June, Glen joined a summer volleyball league at work and Susan joined a prenatal yoga class. Also in late June, we attended a birth/labour preparation course at the Burnaby Hospital. The course was conducted over a 5-week period. We enjoyed the course as the instructor was very informative and easy-going in her teaching style. It was also nice to meet all the other couples that were expecting around the same time. When we attended our course reunion in November, Kayla was the youngest of the group and the third largest baby.

We went to Shuswap Lake during the July long weekend, and in mid-July for a week vacation. The weather was sunny and hot. Susan really enjoyed the boating and the daily swimming in the lake to keep her cool. It was a nice restful time at the lake. Before going on our one-week vacation at the lake, Susan hosted her

annual work barbeque at our house with about 35 people attending. The barbeque was also a surprise baby shower from her co-workers. Susan finished her work during the third week of July. She was

planning to work until the August long weekend but her back was really bothering her so she took the last week of July off.

During August, Susan rested and prepared the baby's room. In fact, the move of the office from what was to be the nursery to the downstairs office stretched over a number of summer months. Also during this month our friends

David and Ki Nam hosted a baby shower for us. It was a surprise for Susan and she had a great time with her girlfriends. We are very fortunate to have wonderful friends and family. The kindness and

generosity from everyone has been tremendous. Kayla is one lucky baby to have so much clothing and toys. Special thanks to David and Miriam in Edmonton, and Pauline and Eddy, who have now moved to Kuwait temporarily, for giving so many of their baby items. It has been very, very helpful. Susan's parents arrived in late August to help us with the baby and

cooking of meals. They stayed in Burnaby until mid-October.



We went for a walk at Mount Seymour on August 26, 3 days after Susan's due date.



Susan's sister, her Aunt Fong, and parents with Kayla when she was 2 weeks old.

In September Kayla was born. Glen and Susan's sister were with her during the delivery. Also waiting in the hallways were Susan's parents, and Glen's parents who drove from Shuswap Lake as soon as they heard that we were headed to the hospital. It was very nice to have all the grandparents present to welcome Kayla into the world. Kayla was born 11:50 p.m. just before Labour



Kayla in her high chair.

Day and weighed in at 9 lbs 4 oz. Labour was not as bad as Susan had anticipated. We stayed at the hospital for two nights before we headed home with our bundle of joy. September and October was spent resting and learning about Kayla's personality. In late September, we held an open house and had her 1-month baby banquet celebration. It was great to see family and friends and to introduce Kayla to everyone.

This holiday season, Susan's parents will be visiting us for a month so they can see Kayla again. As well, Susan's brother, Richard, and family from Ontario will be spending Christmas in Burnaby with us. We will also be spending some Christmas time with Glen's brother and family. So it will be fun times for Kayla to meet her cousin, Daniel from Ontario, and to visit with the local cousins Zachary, Rebecca, and Jessica.

For 2008, we have already planned some of our vacations. In late January, we will be flying to L.A. for a night where we will meet up with Glen's parents and his brother's family. Our niece, Rebecca is playing in a soccer tournament in L.A. We hope to see her play a game if the timing works out. After a night in L.A., Glen's parents will drive us to Black Rock, Arizona where they now spend their winter months. We are looking forward to trying out the

quads in the desert. In May, we will be going on a week cruise to Alaska. We might also visit Calgary during the spring depending on whether Glen can take the time off. If we don't make it in the spring, then we will be there for a visit in late August as we will also be going to Glen's annual family reunion at that time. We will make our usual visits to Shuswap Lake during the spring and summer with a one-week stay in July. Susan will be returning to work the second week of September.

We hope you have a wonderful holiday season and we look forward to hearing from you very soon. All the best to you and your family in 2008!

-Glen, Susan & Kayla



Kayla sitting outside watching her parents put up Christmas lights.

We're on the web: www.sgscott.com

Email:

glen@sgscott.com or
susan@sgscott.com